

SWBA Sunday Fall 2026 Schedule

Aug 24, 2026

Team Name	Captain	Captain's Email
1. San Diego Avalanche	Dori O'Rourke	dori@realgolfimprovement.org
2. Half Fast	Cherri Gase	cbgase@icloud.com
3. Half Court Hoopsters	Diane Koczur	dianekoczur@gmail.com
4. Young At Heart	Sheri Vandeventer	svandeve4@live.com
5. Basket Cases	Anna Kane	akanes2010@yahoo.com
6. Still Got Game	Sheri Vandeventer	svandeve4@live.com
7. Hoop It Up	Aurora Brown	browncdf@cox.net
8. Legends	Cyrce Mellor, Jen Zenz	cyrcecmd@yahoo.com, jenagr7@gmail.com
9. Agents of Chaos	Ann Patterson	annpatt@gmail.com
10. Triple Threat	Jill Spitzer	jillbspitzer@hotmail.com
11. Ladies of the Court	Yaeko Sunada	yaekosunada@gmail.com
12. Sisters United	Karen Harris	karenharrismn@hotmail.com
13. Legends Forever	Cyrce Mellor	cyrcecmd@yahoo.com
14. Lady Hawks	Yaeko Sunada	yaekosunada@gmail.com
15. Red Hot Hoopsters	Twantonette Wesley-Smith, Debbie Krongard	twesleysmith@yahoo.com, deborahkron@mac.com
16. Queen Bees	Shannon Rose	shanmrose@icloud.com
17. Lioness	Stacie Neldaughter, Joy de Beyer	staciejodi@aol.com, jdebeyer@gmail.com
18. Caterpillars	Yaeko Sunada	yaekosunada@gmail.com
19. Shooters	Carol Whaley, Annie Nielsen	cawhaley@cox.net, anielsen111@gmail.com
20. Shakers	Nancy Owen	nancyowen333@gmail.com
21. Golden Girls	Jeanne Herlihy	jeanneherlihy30@gmail.com
22. Splash	Allex Nellias	allex.nellias@gmail.com

Team listed on left wears white (home)

Team listed on right wears dark (visitor)

Please sit on the west side of the court (on the left as you walk in the door).

Please sit on the east (right) side of the court.

	9:30 AM	10:00 AM	10:00 AM	11:00 AM	11:00 AM	12:00 PM	12:00 PM	1:00 PM	1:00 PM	2:00 PM	2:00 PM	3:00 PM	Break
	Rookies	Court 2F	Court 2R	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Down
Aug 30	4	12 vs 22	9 vs 8	4 vs 1	21 vs 18	3 vs 5	20 vs 19	6 vs 2	13 vs 11	7 vs 10	17 vs 16	15 vs 14	15
Sep 6	Labor Day weekend. Gym open, no games.												
Sep 13	San Diego Senior Games. Gym open, no games.												
Sep 20	1	13 vs 9	3 vs 4	18 vs 22	1 vs 8	11 vs 10	12 vs 14	5 vs 6	15 vs 17	20 vs 21	2 vs 7	19 vs 16	19
Sep 27	2	8 vs 10	7 vs 1	3 vs 2	18 vs 17	6 vs 9	22 vs 19	14 vs 20	16 vs 21	4 vs 5	15 vs 13	11 vs 12	12
Oct 4	3	15 vs 22	14 vs 11	20 vs 18	12 vs 3	21 vs 17	16 vs 13	8 vs 6	2 vs 9	7 vs 4	5 vs 10		10
Oct 11	9	15 vs 13	2 vs 6	9 vs 7	18 vs 19	10 vs 12	5 vs 1	17 vs 20	11 vs 3	4 vs 8	22 vs 16	14 vs 21	21
Oct 18	7	2 vs 5	10 vs 6	7 vs 8	15 vs 18	4 vs 12	16 vs 20	21 vs 19	14 vs 13	1 vs 3	11 vs 9	17 vs 22	22
Oct 25	5	16 vs 14	4 vs 7	13 vs 18	22 vs 5	6 vs 3	8 vs 11	12 vs 15	21 vs 20	17 vs 19	10 vs 9	1 vs 2	2
Nov 1	10	5 vs 12	22 vs 21	18 vs 16	10 vs 14	3 vs 1	19 vs 11	9 vs 4	13 vs 17	20 vs 15	8 vs 2	6 vs 7	6

"Rookie" team runs the rookie training. "Break Down" team makes sure everything is put away after the last game.

Pay online at <https://community.ymcasd.org/s/registration>, or pay at the front desk.

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